

TRAILHEAD



NEWS

LOCAL NEWS:

Michigan State Police collected 100 coats for a kids' event in October and collected over 100 coats for a Blue Goose event on February 17. The Collected winter gear will be used for the third Annual Boots for Kids event in October. They are sending their thank yous to the Walmart of Gaylord and the community who donated, according to Petoskey News. If anyone is interested in donating, the option is still available. New winter clothing can be dropped off at the MSP Gaylord post from 8 a.m until 4 p.m, Monday through Friday.
-Mylea Bruno

Recommendations

Semantle is a game of hot or cold but with words. If you type a word that has no synonym or isn't close to the word, it will tell you cold. Then, it will give you an example and you guess until you get it you can get hints and thats about it.

-Darryl McDowell



SIGHTSEER ADVICE AND DESTINATIONS

Call of the Wild is a museum in Gaylord that features a collection of mounted animals from around the world. They have over 60 exhibits showcasing a variety of wildlife. The wildlife includes North American mammals, African big game, and exotic animals from Australia and Asia. In addition, the museum displays historical hunting and fishing tools. The museum showcases the use of historical items, techniques, and the importance behind them. Call of the Wild is open year-round with extended hours during the summer months. If you are interested in wildlife and conservation, I recommend taking your friends and family to learn new things.

-Mylea Bruno

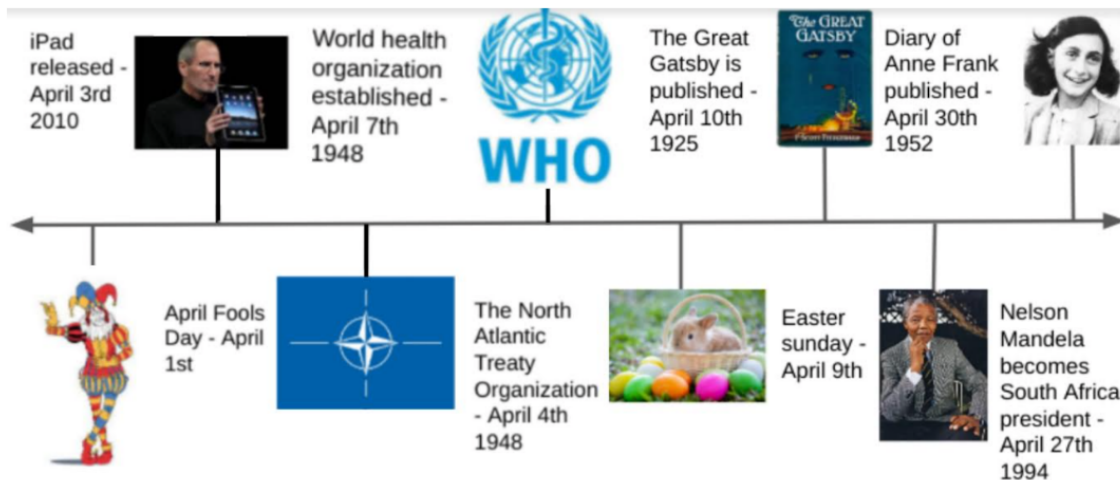
PERSON OF THE MONTH

Abigail Serino is the Person of the Month. She has attended Vanderbilt area school since she was a little girl. She learns and goes through assignments faster than other students. Abbie is a libero in volleyball, point guard in basketball, and catcher in baseball. Abbie is a junior and strives to learn and educate herself. She has always been an A+ student, and plans on going to NMU to study forensic science. She is already in chapter 12 in algebra 2, which is way ahead of all the other students. She's a good friend to many, kind, and makes sure to help people in need, such as helping her classmates with assignments. A lot of people call her a team player, and I can't help but agree. I'm on the same volleyball team as Abbie, and she always makes sure we know what we are doing. She can be bossy, but she definitely motivates the team to play our best. Abbie's hobbies are reading, crafts, and biking. Abbie's classmates describe her as smart and blessed with outstanding talent. I can't wait to see her succeed in life.

-Olivia Salvador, Hollie Clear



THIS MONTH IN HISTORY



-Dylan Gerrick



-Dylan Gerrick

DEAR ABBIE

The question this month is, "which aspects would you consider when choosing a career?" There are four things to look for when choosing a career. The first thing is to choose something you're passionate about. You don't want to land yourself a job you hate. Second, look for something you're skilled at. Making sure you're qualified for a job is crucial because, if you're not good at it, you're not going to get anywhere with it. Three, base your career on your preferences and lifestyle. You can't work a job where you could get called in at anytime of day while being a single mother with four homeschooled kids--it just won't work out. Lastly, and most obviously, look for a job that pays well.

-Abbie Serino

HISTORY OF APRIL FOOLS' DAY

According to History.com, "some historians speculate that April Fools Day dates back to 1582, when France switched from the Julian calendar to the Gregorian calendar, as called for by the Council of Trent in 1563." "People who were slow to get the news or failed to recognize that the start of the new year had moved to January 1 and continued to celebrate it during the last week of March through April 1 became the butt of jokes and dubbed "April fools." The people who fell for the jokes would be pranked by having paper fish placed on their backs and being referred to as "poisson d'avril" (April fish), said to symbolize a young, easily caught fish and a gullible person." In the 18th century, people in the UK would send people on fake errands as a way to mess with other people. Now people do things like put a rubber band around the spray nozzle of a sink or acting like they get hurt.

-Darryl McDowell

PRINCIPAL TALK

Why did you choose Vanderbilt Area School?

I chose Vanderbilt for many reasons. I love the small community feel of the school. Small schools often foster a strong sense of community, as students and staff get to know each other more easily in a smaller setting. This can create a supportive environment where everyone knows and looks out for each other.

What motivates you?

I am motivated each day to make a positive difference in each person I have contact with each day.

What is your favorite thing about being a principal?

Principals have the ability to make a significant impact on students' lives by creating a supportive and inspiring learning environment. Seeing students succeed and grow under my guidance can be incredibly rewarding. Principals can play an important role in building a sense of community within a school. Creating a positive and inclusive culture where students, staff, and families feel connected and supported can be a fulfilling and enjoyable aspect of the job.

What has been the biggest challenge in your career?

As a Principal, I have experienced many unique challenges. I do not view the challenges as a negative, but as an aspect of my job that allows me to offer support to many types of people in need.

Do you have any big plans for the school?

I have really enjoyed the first three months that I have been at Vanderbilt Area School. I love and appreciate the warm, friendly environment of the school. The school and I do have some plans for the upcoming years. Some of them include a parent committee, preschool, more sports options, and community events.

How do you handle challenges?

Overall, handling challenges requires a combination of analytical thinking, problem-solving skills, and adaptability. It also often involves working collaboratively with others, and being willing to learn and make adjustments as needed.

-Chaos Walter

Quote of the Month :

"Do What You Can, With What You Have, Where You Are" - Theodore Roosevelt

-Ashlyn Salvador

INTERVIEW WITH MRS. POP

What made you decide to become a teacher?

Growing up, Mrs. Pop was always told she would make a great teacher. Having that influence, she never really considered a different job. Also the fact she had a talent of building relationships with kids, helped her decide that teaching was the right career for her.

What would you want to do if you weren't a teacher?

Although Mrs. Pop enjoys being a teacher, if she wasn't a teacher, she would have owned her own business, like having a bookstore or a small cafe.

What is the best part about being a teacher?

Besides the three months of summer break and the once in a while snow days, Mrs. Pop truly finds being able to watch children learn new things very rewarding.

What is something current in your life that is exciting?

Mrs. Pop's great nephew was just born, and she can't get enough of his cute and cuddly face.

What is your favorite part about teaching at Vanderbilt?

Mrs. Pop says the best thing about working in our school is that it's so small. The benefit of teaching at a small school is being able to build an actual relationship with students, the ability to teach-one-on-one, and how teachers have the opportunity to have a voice in what goes on in the school.

-Ashlyn Salvador

PROPAGANDA

Are hot dogs sandwiches? Some of our students disapprove! A sandwich is a substance, usually poultry, placed between two slices of bread. Hot dogs consist of minced beef and are usually placed in a small sliced loaf called a "bun." By definition, a hot dog is a sandwich! Furthermore, people tend to associate names with concepts and mix them up in their heads, resulting in a lot of people thinking of hot dogs as their own thing.

-Avery Puhl

TEEN STRUGGLES & MENTAL HEALTH

Neurodivergent is a term used to describe a person whose brain is built differently enough to affect their day-to-day life. There are quite a few disorders that fit under this category, including Autism Spectrum Disorder, ADHD, Down Syndrome, and Dyslexia. Being neurodivergent has no cure at the moment. This, combined with the fact that accommodations are difficult to get in the first place, makes living a 'normal' life exceedingly difficult for people under the neurodivergent umbrella.

I am neurodivergent myself. Even on a good day, my symptoms can be nearly debilitating at some points. My brain sees and processes the world in a vastly different way than the average person. For me, my senses are constantly heightened. This can leave me burnt out after doing simple things like going to school or taking the dog out. It is also a struggle to keep my emotions regulated, and I often have a hard time in social situations. I have trouble reading body language and social cues from my peers. My brain takes a few extra seconds to process the sounds and sights around me. My sensory needs are higher than most, which also heavily restricts my diet. All of these things combined can make each day a struggle.

There are many negative stereotypes surrounding being neurodivergent. Most kids with these disorders are ostracized by their peers, as studies show that neurotypical people (people who aren't neurodivergent) can subconsciously tell whether or not someone is autistic in seconds. Neurodivergent children are more likely to be bullied and consequently traumatized due to their disorder. Suicide rates for people with autism are higher than those without, with males being 3 times more likely to commit suicide than their neurotypical peers.

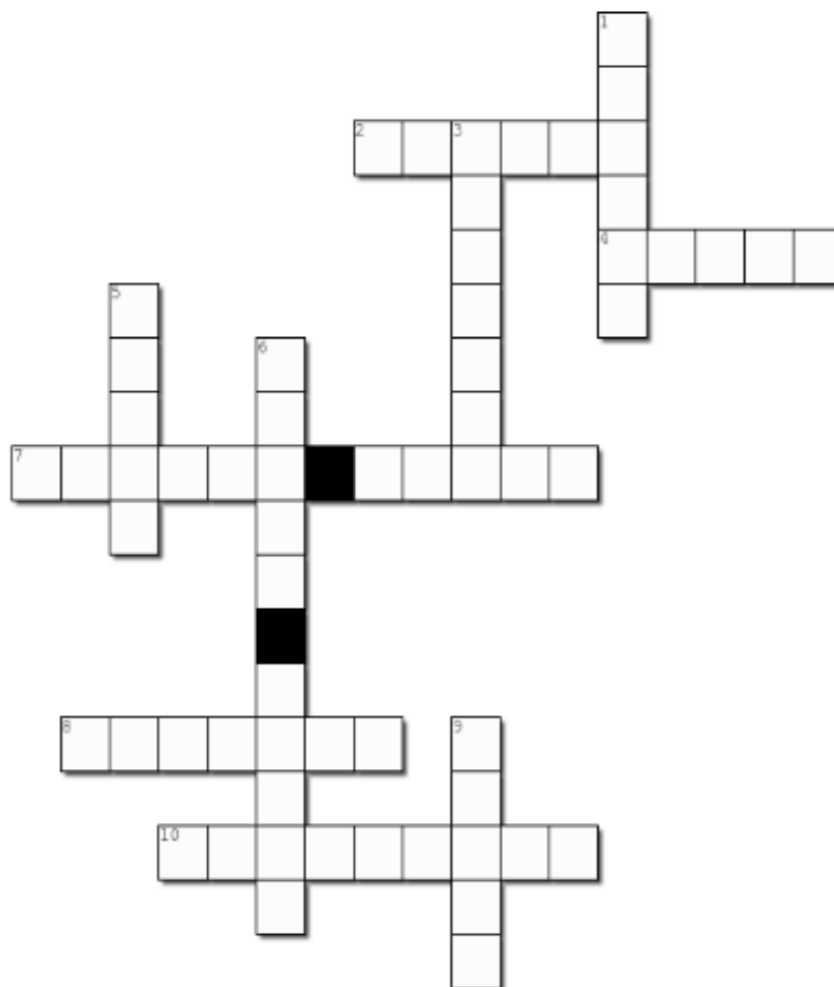
Have you ever seen someone flapping their hands when they get excited? It's known as stimming. Stimming is a repetitive movement or vocalization, the most stereotypical kind being hand flapping. Other forms are rocking, swaying, snapping, or maybe even singing a song over and over. Stimming is a way to regulate the body and mind, and it shouldn't be a thing to be bullied about.

In conclusion, neurodivergent means one's brain is wired differently than the average person's. This means neurodivergent people experience and perceive the world differently than most people. This doesn't make them dangerous or stupid though, as neurodivergent people can be much smarter than the average person. Even though many people know what these disorders are, they might not understand the difficulties of living with them every day. Always be kind to yourself and remember how important you are.

-Chaos Walter

April Crossword Puzzle

Complete the crossword puzzle below



Created using the Crossword Maker on TheTeachersCorner.net

Down

1. A container made of woven material used to carry or store something
3. National _____ day
5. The birth flower of april
6. The first day of the month
9. The zodiac born between April 1st and April 19th

Across

2. The zodiac sign represented by the bull
4. National _____ day
7. The maskot known to bring children eggs
8. The birthstone of april
10. In the spring my _____ tend to get worse

Jokes

What do bees use to fix their hair?

Honeycombs

What flower grows between your nose and chin?

Two-lips

Can February March?

No, but April May

What goes up when April showers come down?

An umbrella

Monthly Calendar

Sunday	Monay	Tuesday	Wednesday	Thursday	Friday	Saturday
						April Fools' Day
03.26	03.27	03.28	03.29	03.30	03.31	04.01
Palm Sunday	National Find a Rainbow Day	Ask Mr. Nelson about the weightroom - After school until 4:15	Ask Mr. Nelson about the weightroom - After school until 4:15 Passover	Ask Mr. Nelson about the weightroom - After school until 4:15 Music class - 3:15 - 4:15	Good Friday	National Zoo Lovers Day
04.02	04.03	04.04	04.05	04.06	04.07	04.08
Easter Sunday	Easter Monday	Ask Mr. Nelson about the weightroom - After school until 4:15	Ask Mr. Nelson about the weightroom - After school until 4:15	Ask Mr. Nelson about the weightroom - After school until 4:15 Music class - 3:15 - 4:15	National Gardening Day	National Laundry Day
04.09	04.10	04.11	04.12	04.13	04.14	04.15
Orthodox Easter	National Haiku Poetry Day	Ask Mr. Nelson about the weightroom - After school until 4:15 Tax Day	Ask Mr. Nelson about the weightroom - After school until 4:15	Ask Mr. Nelson about the weightroom - After school until 4:15 Music class - 3:15 - 4:15	Eid al-Fitr	Earth Day
04.16	04.17	04.18	04.19	04.20	04.21	04.22
National Picnic Day	National Bucket List Day	Ask Mr. Nelson about the weightroom - After school until 4:15	Ask Mr. Nelson about the weightroom - After school until 4:15	Ask Mr. Nelson about the weightroom - After school until 4:15 Music class - 3:15 - 4:15	National Superhero Day	Independant Bookstore Day
04.23	04.24	04.25	04.26	04.27	04.28	04.29
National Bubble Tea Day	First Day of Asian Pacific American Heritage Month	Ask Mr. Nelson about the weightroom - After school until 4:15	Ask Mr. Nelson about the weightroom - After school until 4:15	Ask Mr. Nelson about the weightroom - After school until 4:15 Music class - 3:15 - 4:15	Cinco de Mayo	National Start Seeing Monarchs Day
04.30	05.01	05.02	05.03	05.04	05.05	05.06